



MEDIA RELEASE

Feed Lebanon Now: New charity to feed over 3,000 families in Lebanon this month

Beirut, LEBANON, 8th Dec 2019 – Feed Lebanon Now, a growing group of volunteers in Lebanon and the Lebanese diaspora, is helping feed underprivileged families and individuals all over the country. The group, led by founder George Abboud, is based in Beirut with support from expats across the world, including Africa, America, Australia, Canada, France, the GCC and Germany.

Feed Lebanon Now has no political affiliations and is solely funded by benefactors. Through its collaborative efforts and fund raising, the group is providing basic food staples and supplies to people in need. Charity boxes include, food supplies, blankets, socks and candles to feed a family for approximately two months. Feed Lebanon Now supports Lebanese products and businesses. It primarily conducts its transactions in Lebanese Lira.

George Abboud, founder of Feed Lebanon Now, said: "My partner and I, along with a close friend, started these donations as a private initiative. This year, I felt compelled to do more due to the dire economic situation and the fact that so many people desperately need help to feed their families. Winter is here and conditions will get worse for those without food and shelter. We considered reaching out to more people and my message spread quickly through social media platforms. Now we have a lot of volunteers assisting from within Lebanon and remotely. I am overwhelmed by the generosity and kindness of my fellow citizens. It has truly restored my faith in humanity".

How you can contribute:

- Donate cash to buy supplies for the boxes; each box costs approximately LBP 180,000 (based on current currency exchange rates).
- Send full boxes containing specified list of goods (as illustrated) which can be delivered to any of the four drop points in Lebanon. For information about the locations please call +961 4 444 961.
- Volunteer to help with logistics on the ground such as to packing and distribution of the boxes.

More than 1.2 million Lebanese people live below the poverty line, on less than USD4 per day. The onset of winter is making the situation worse for these families and individuals, of which many face reduced or no salaries. Feed Lebanon Now hopes to assist these people to cope with the harsh weather and economic conditions. The charity consults with residents of each village in order to find the people most in need for the box donations. It aims to distribute supplies to as many Lebanese people as possible in every region in Lebanon.

"Our aim for December 2019 is to feed 3,000 families or more", added Abboud.

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The first set of volunteers will start packing boxes on 14th December (Saturday) and will begin delivering to villages throughout Lebanon from 16th December (Monday) onwards.

For more information, to donate or to volunteer, contact Feed Lebanon Now on feedlebanonnow1@gmail.com or +961 4 444961.

For updates, follow the charity on Instagram: <https://www.instagram.com/feedlebanonnow> and Facebook: <https://www.facebook.com/feedlebanonnow>.

Complete list of goods required for a Feed Lebanon Now box:

	Item	Qty
Food	Rice/ kg (Masri)	1
	Rice/ kg (Long-Grain Rice)	1
	Wheat Grain قمح / Kg	2
	Sugar/ kg	2
	Salt/ kg	1
	Red Beans فاصوليا / kg	1
	فاصوليا مولدوفية / kg	1
	فاصوليا مدعبة / kg	1
	فول معلبات / علبة	2
	Beans فول حب / Kg	1
	Groat Berghul/ kg خشن	1
	Hommos/ kg	1
	Tea/ Box Big (100pcs)	1
	Lentils (Adass) عريض / kg	2
	Lentils (Adass) اردني / kg	2
	Smeds/ Box	2
	Pasta/ Bag	2
	Chariyyeh / Bag	2
	Powder Milk 750g	1
	Halawi Big	1
	Halawi Small	1
	Biscuits (555) / Box	1
	Unica	1
Vegetable Oil (3Ltrs.)	1	
Olive Oil (1Ltrs.)	1	
Ra7a	1	
Other	Candles/ Bag per kg.	1
	Socks/ pair	2
	Fleece blankets/ piece	2
	Matches Box/ pack	1
	Packing Box/ piece	1